

Medical certificate swissultra 2023

The medical certificate has to be handed over to the event organiser during the briefing together with the signed waiver of liability or be sent in advance to info@swissultra.ch. Without the medical certificate and the signed waiver of liability an athlete will not be allowed to participate in the race.

Competition: **Deca Ultratriathlon CONTINUOUS (1x10)**
Date and city: 25. August – 8. September 2023, Buchs SG (Switzerland)
Description: The Deca ultratriathlon CONTINUOUS is a race over a total distance of 2,260 kilometers. The athletes have to complete ten Ultratriathlons in a row as follows:
38 km swim, 1,800 km bike and 422 km run.
Time limit: 14.1 days, taking brakes individually when needed

This document confirms that Mr / Ms

born on (date of birth):

is physically healthy and from my professional opinion as a medical doctor, he / she presents no signs of any significant health issues warranting that he / she abstains from taking part in the Deca ultratriathlon CONTINUOUS (38 km swim, 1,800 km bike and 422 km run).

Place, date (must be within the last 12 months before the first day of the event):

Signature of the medical doctor:

Signature of the athlete:
